Teacher Training – Teaching Methodologies & Practice Refresher Programme

## Location & Duration

* Location: CIELS/ Institute of Technology Carlow, Ireland.
* Duration: 1 Week - 20 contact hours with English Language Teaching and Higher Education Teaching and Learning specialists.

# Aims

1. Language: To better deliver presentations and lesson plans through the English language focusing on fluency and accuracy with spoken discourse.
2. Teaching Practice: To develop a better understanding of current learning theories and implementation of these theories in lesson plans.

# Outcomes

### Language

At the end of the course, participants will be better able to:

* Initiate and maintain conversation.
* Give presentations on topics within their discipline.
* Understand and answer questions related to presentation content.
* Prepare and deliver lesson plans within their discipline.
* Engage with learners within the lesson.

### Teaching Practice

At the end of the course, participants will be better able to:

* Understand current learning theory.
* Prepare lessons plans incorporating current learning theory.
* Critically reflect on their own teaching practice.
* Provide mentoring and feedback to peers on teaching practice.
* Incorporate blended learning into the classroom.

# Content

### Language

* Signposting for Presentations.
* Fluency for Presentations (Spoken Discourse).
* Fluency for Casual Discussions.
* Lexis for initiating conversation.
* Lexis for maintaining conversation.
* Taking follow up questions.
* Clarification strategies.

## Teaching Practice

* Behaviourism V Constructivism.
* Incorporating Constructivism into the classroom.
* Self-regulated learning.
* Reflective Practice.
* Blended Learning.
* Mentoring-giving and receiving constructive feedback to peers.
* Preparation and delivery of lesson plans.
* Learner Style and Classroom Impact.

## CIELS qualifications, expertise & personnel

CIELS is a provider of Academic English services, including course and curriculum design and delivery, and teaching consultancy. CIELS specialises in developing bespoke courses in the following areas:

* Teacher Training.
* English for Academic Purpose (EAP).
* English for Specific Purpose (ESP).
* Cultural Integration.
* VET Internship programmes.

CIELS personnel hold the following specialisms and skills:

* Cambridge DELTA.
* Masters in Teaching & Learning in Further and Higher Education.
* Qualified IELTS Instructor and Examiner.
* Academic English language support services for Institute of Technology Carlow.
* Academic English Foundation Programme provider for Institute of Technology Carlow.
* Designer of Higher Education Continuous Assessments and Final Examinations.
* Recognised by the Irish Department of Education and Skills.
* Partner on Erasmus+ Programmes.
* International teaching experience.

# Recommended Preparation

* Preparation of a PowerPoint presentation on a familiar topic to be delivered on day 3 of the programme (See attached Presentation Brief).
* Preparation of this presentation in advance will allow participants more time during the programme to focus on other course aspects (preparation of lesson plans).

# Accommodation

## Barrowville Townhouse

Located 5-minute walk from (CIELS) Institute of Technology Carlow:

* <http://www.barrowville.com/rooms-gallery.html>

Breakfast included:

* <http://www.barrowville.com/menu.html>

Teacher Training & Methodology, Timetable

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| **Time** | **Monday**  | **Tuesday**  | **Wednesday** **\*Altered Times** | **Thursday** | **Friday**  |
| **09:30-10:20** | Introduction to Programme.Discussion and Review: Teaching Methodology – Constructivism, Behaviourism. | Discussion and Review: What type of Learner are you? Blended Learning in the Constructivist Classroom . | **13:00-13:50**Presentation to Peers and International Students on a topic within your discipline. | Deliver Lesson to Peers and International Students. | Grammar Q&A Session. |
| **10:30-11:20** | Brainstorm and Discussion: Incorporating Constructivism in the classroom. | Discussion and Review: Self-Regulated Learners and Reflective Practice. | **14:00-14:50**Presentation to Peers and International Students on a topic within your discipline. | Deliver Lesson to Peers and International Students. | Developing Fluency: Group Discussion.  |
| **11:40-12:30** | **Intro to:**What type of learner are you?Blended Learning.Self-Regulated Learners and Reflective Practice. Mentoring and Constructive Feedback. | Discussion and Review: Mentoring and giving Constructive Feedback to peers. | **15:10-16:00**Discussion group with International Students ‘What constitutes a good teacher?’Is Blended Learning useful in the classroom? What would help you to become a Self-Regulated Learner? | Deliver Lesson to Peers and International Students. | Developing Fluency: Group Discussion. |
| **12:40-13:30** | Lesson Planning:Incorporating Constructivism into every class.Self-Evaluation Form. | Presenting through English: Any issues from Presentation Brief. Complete Marking Rubric for upcoming presentations. | **16:10-17:00**Feedback, review and evaluation. Identify areas for improvement.  | Group discussion and feedback. | Individual Feedback (Group Setting). |
| **Self-Study (outside of classroom contact hours)** | Read the provided material on above topics to provide a basis for a more in-depth conversation on topics in Tuesday’s classes.  | Prepare for Presentation.Develop lesson plan.Read the article on ‘9 Characteristics of a Good Teacher’ to prepare for discussion with international students Wednesday. *(Tuesday Evening and/or Wednesday Morning)*  | Complete Lesson Plan.Prepare for Lesson. | Free Evening. | Depart Carlow.  |